

## REGISTRATION FORM

### National Seminar: "Role of Samhitokta Shridhanyam (Millets) in Prevention and Management of Lifestyle Disorders"

Name of the Delegate :- .....

Designation :- Teacher/Practitioner/UG/PG/others  
(Please specify) .....

Paper/Poster Presentation - Yes / No  
Recipe competition participation :- Yes / No



Name of the Institute :- .....

Address for Correspondence :- .....

Mob No. :- .....

e-mail ID :- .....

Mode of payment - Cash/ D.D./Cheque No. -  
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Nagpur, the second capital city of Maharashtra, location for the winter session of annual assembly, is also well known internationally as "Orange city" and the "Tiger capital" of India. It has fifth-fastest population growth rate in the world and is the thirteenth-largest city in India, easily accessible by roads, rail and air. During seminar days the temperature is expected to stay around 30°C. Be comfortable to visit above tourist destination near Nagpur.

### REGISTRATION FEES

	Upto 20 <sup>th</sup> Sept.2023	After 20 <sup>th</sup> Sept. 2023
UG Students	Rs. 1500/-	Rs. 1700/-
PG Students	Rs. 2500/-	Rs. 2700/-
Teachers, Practitioners & Others	Rs. 3000/-	Rs. 3500/-

### CONTACT DETAILS

Email for registration - [shrimilletsseminar23@gmail.com](mailto:shrimilletsseminar23@gmail.com)  
Email for abstract and paper submission - [shridhanyam23@gmail.com](mailto:shridhanyam23@gmail.com)  
**Address for correspondence**  
**SHRI AYURVED MAHAVIDYALAYA**  
Hanuman Nagar, Nagpur- 440024 (MS)  
Phone & Fax no - 0712-2742592

Last date of registration & abstract submission - 20<sup>th</sup> Sept 2023  
Last date of Full Paper/Poster submission - 25<sup>th</sup> Sept 2023



BHARATIYA VAIDYAK SAMANVAYA SAMITI'S  
**SHRI AYURVED MAHAVIDYALAYA**

Govt. of Maharashtra  
(Grant - In-Aid Institute)



**Late Vd. Pt. Ramnarayanji Sharma Memorial**  
(Founder- Shri Baidyanath Ayurved Bhavan Pvt. Ltd.)

**National Seminar: "Role of Samhitokta Shridhanyam (Millets) in Prevention and Management of Lifestyle Disorders"**  
27<sup>th</sup>, 28<sup>th</sup> & 29<sup>th</sup> Oct 2023



Venue  
**Shri Ayurved Mahavidyalaya, Nagpur**

-: SPONSORED BY :-  
**Ministry of AYUSH, Govt. of India**

-: ORGANIZED BY :-  
**BHARATIYA VAIDYAK SAMANVAYA SAMITI'S  
SHRI AYURVED MAHAVIDYALAYA**

Hanuman Nagar, Nagpur - 440 024, MAHARASHTRA, INDIA

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[www.shriayurvednagpur.org](http://www.shriayurvednagpur.org)



## National Seminar: "Role of Samhitokta Shridhanyam (Millets) in Prevention and Management of Lifestyle Disorders"

**Shri Ayurved Mahavidyalaya, Nagpur** is a valuable resource for co-ordination, orientation and expansion of research. In order to satiate the hunger for knowledge our core team tirelessly employs a novel strategy that gathers a diverse group of thinkers under one roof. The goal of our organization is to give a striking platform and opportunity to discuss various health related problems and unexplored regions which are in the need of attention and intervention, so as to prepare more efficient academicians, scholars and researchers for promotion of Ayurveda. Ayurved Samhita builds the strong base by which the entire Ayurveda fraternity efficiently performs well in the preventive and curative aspect of treatment.

### Objectives of seminar :

Ayurveda, the ancient Indian system of medicine has always emphasized the significance of a balanced and wholesome diet for maintaining optimal health and prevention of diseases. 'Aahar' is described as first among 'Trayopasthambha' i. e. three pillars of life in Ayurved Samhitas. Ayurveda considers food as a medicine if consumed properly and Shridhanyam (Millets) suits the same philosophy. Recently, Government of India along with the United Nations declared the year 2023 "The International Year of Millets". Millets not only have abundance of health advantages but are also beneficial for environment because they require less water and other resources. India is the largest producer of millets in the world. In present era, while lifestyle disorders such as diabetes, obesity, hypertension, PCOD etc keep challenging to healthcare providers. All over the world millets have the potential to act as a key dietary factor for prevention and management of lifestyle disorders.

This seminar aims to shed light on different aspects of millets such as literature review, nutritional benefits, therapeutic properties and innovation in our diet. We are happy to adjoin the agriculturists, nutritionists and pharmaceutical companies to educate us with their valuable knowledge and innovative ideas. This National Seminar will definitely give a platform for enriching discussions, fostering collaboration and promoting awareness about the significance of **Shridhanyam** (Millets) in Ayurved.

## SPECIAL INVITEES OF THE SEMINAR

**Padmashri Vd. Rajesh Kotecha**  
Hon'ble Special Secretary, Ministry of  
AYUSH, Govt. of India, New Delhi

**Vd. Manoj Nesari**  
Hon'ble Adviser (AYUSH),  
Govt. of India

**Shri Rajeev Nivatkar IAS**  
Hon'ble Commissioner, Medical Education,  
AYUSH Directorate, Govt. of Maharashtra

**Prof. Vd. Raman Ghungralekar**  
Hon'ble Director, AYUSH,  
Govt. of Maharashtra

**Vd. Jayant Deopujari**  
Hon'ble Chairperson,  
NCISM, New Delhi

**Lt. Gen. Dr. Madhuri Kanitkar**  
Hon'ble Vice Chancellor  
MUHS, Nashik

**Prof. Vd. Rakesh Sharma**  
Hon'ble President Board of Ethics and Registration  
for Indian System of Medicine, NCISM, New Delhi

**Dr. Raghuram Bhatta**  
Hon'ble President Board of medical  
assessment and rating, NCISM

## Eminent Speakers of the Seminar

- **Prof. Dr. Tanuja Nesari**  
Director AIIA, New Delhi
- **Prof. Vd. Pawan Godatwar**  
Technical officer, Traditional Medicine, WHO
- **Prof. Dr. Milind Aware**  
Hon'ble Faculty Dean Ayurved, MUHS, Nashik
- **Prof. Dr. Kamlesh Sharma**  
M.M.M.G.A.C., Udaipur
- **Prof. Dr. Vijaykumar**, Shilong,
- **Prof. Dr. Jayan Damodaran**, Kerala
- **Prof. Dr. Sampada Sant**  
Dean R.A. Podar Ayurved Medical College, Mumbai
- **Prof. Dr. Sushil Yampallewar**, Amravati
- **Prof. Dr. Ramteerth Sharma**,  
Ujjain, Madhya Pradesh
- **Prof. Vd. Banwarilal Gaur**  
Ex. V.C. Rajasthan Ayurved University
- **Prof. Vd. P.K. Prajapati**  
V.C. Rajasthan Ayurved University
- **Prof. Dr. Mahesh Vyas**, AIIA, New Delhi
- **Prof. Mohanlal Jaiswal**  
Ex. Professor, NIA, Jaipur
- **Prof. Dr. Mahendra Paliwal**, BHU, Varanasi
- **Prof. Dr. Madhuri Wagh**, Nagpur
- **Prof. Dr. Aruna Ojha**,  
Raipur, Chattisgarh
- **Prof. Dr. Savita Sajjan**,  
Hubali, Karnataka
- **Dr. Shrikant Gaur**, New Delhi

The following themes are open to P.G. Scholars, academicians and practitioner's viewpoint in the form of scholarly papers and posters.

- Critical study of Ayurveda Shridhanyam.
- Contemporary recipes of Shridhanyam.
- Nutraceutical aspects of millets.
- Role of Shridhanyam in prevention & management of lifestyle disorders.
- Relevance of Millets in pediatric practice.
- Utility of Millets in obstetrics and gynecology.
- Role of Millets in various Post surgical procedures.
- Benefits of Shridhanyam recipes during Panchakarma procedures.
- Agricultural practices of Shridhanyam in different regions.
- Dietary practices of Shridhanyam according to Prakruti & Ritu.
- Presence of Millets in Global Scenario (Trade potential).
- Role of Millets in Sports Medicine.
- Role of Millets in Mental Health.
- Standardization & Identification of various millets - Botanical Approach.

### Author's guidelines for abstract:

Abstract Format : MS word document (max 200-250 words)  
Title: Font- Times New Roman, Font size-11, CAPITAL (UPPER CASE) & BOLD  
Author's name/abstract: Font-Times New Roman, Font size -11  
Email for abstract & paper submission :  
shridhanyam23@gmail.com

### Guidelines for poster:

Dimensions of poster: 3 ft. wide & 4 ft. height  
The Poster orientation – Portrait, Position: Long dimension is vertical  
Poster organization: Poster can be organized into various subparts as per your abstract (Introduction, aims & objectives, materials & methods, results, conclusion)  
Bring your poster with you on the seminar day.

## ORGANIZING COMMITTEE

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Vice Principal  
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